

PD & SPRING RETREAT 2019 APPLICATION FORM

NOVEMBER 8, 9, 10

Please enter ALL the requested information.

See website for details about this retreat: <https://yogacentre.com.au/lennox-heads-spring-retreat/>

Name	
Date of birth & Age	Telephone number
Email address ----- <input type="checkbox"/> Tick if you would like to receive information about future retreats <input type="checkbox"/> Tick if you would like to receive The Yoga Centre e-newsletters	
Will you be booking the option for onsite Accommodation?	Will you be doing the Retreat or PD only, or both?
How long have you been practicing Iyengar yoga & where do you attend classes?	
What level class do you attend and how often?	
Who has been your main teacher?	
Do you have any health concerns? If yes, please explain your concerns.	
Do you have any health conditions & are you taking any medications?	
What do you wish to gain/learn by coming to this retreat?	