

**2018 Yoga Centre East Redfern Timetable**  
Effective MAY, 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>AM</b>							
6.30		6.30 - 8.00 <b>LEVEL 2</b> Helen	6.30 - 8.00 <b>LEVEL 2</b> Individual Practice Class Suzi	<b>Teachers Practice</b> Iyengar Yoga Teachers and Trainees			
7.00					7.00 - 8.00 <b>LEVEL 1</b> Helen	7.00 - 8.00 <b>LEVEL 1</b> Peta	
8.00						8.00 - 9.30 <b>LEVEL 2</b> Suzi	8.00 - 9.00 <b>Beginners Course</b> Rachel / Suzanne ** Dated Course
9.30							9.30 - 11.00 Peta
9.45						9.45 - 10.45	<b>LEVEL 2</b>
10.00		10.00 - 12.00 <b>INTENSIVE CLASS</b> Caroline Coggins  **May 22 - June 12 4 week enrol			10.00 - 11.00 <b>SENIORS Over 60's</b> Peta	<b>Beginners Course</b> Helen ** Dated Course	
11.00						11.00 - 12.30 <b>LEVEL 2</b> Helen	
<b>PM</b>			** Dated Enroled Classes & Courses				
12.45					12.45 - 2.00 <b>OPEN LEVEL</b> Peta		
1.00	1.00 - 2.00 <b>OPEN LEVEL</b> Claire		1.00 - 2.00 <b>OPEN LEVEL</b> Peta				
5.15		5.15 - 6.15 <b>LEVEL 1</b>		5.30 - 6.30 <b>LEVEL 1</b> Caro			
5.30	5.30 - 7.00 <b>LEVEL 2</b> Suzi	6.15 - 7.45 <b>LEVEL 2</b> Suzi	6.00 - 7.30 <b>LEVEL 2</b> Peta	6.00 - 7.30 <b>LEVEL 2</b>			
6.00				6.30 - 7.30 <b>Beginners Course</b> Caro ** Dated Course	6.00 - 7.30 <b>LEVEL 2</b> Restorative Friday Night Helen		
6.15							
6.30							
7.00	7.00 - 8.00 <b>LEVEL 1</b> Helen						
7.45		7.45 - 8.45 <b>Beginners Course</b> Casey ** Dated Course					