

2017 Yoga Centre East Redfern Timetable

Effective OCTOBER, 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM							
6.30		6.30 - 8.00 L 2 Intermediate Helen	6.30 - 7.45 L 2 Intermediate Suzi				
7.00	7.00 - 8.00 L 1 Foundation Belinda				7.00 - 8.00 L 1 Foundation Helen	7.00 - 8.00 L 1 Foundation Peta	
8.00						8.00 - 9.30 L 2 Intermediate Suzi	
9.00		** Dated Enrolment Classes & Courses					
10.00		10.00 - 12.00 Level 2 / 3 Intermediate Advanced				9.45 - 10.45 L 1 Foundation Helen	10.00 - 11.30 L 2 Intermediate Peta
10.30							
11.00		Caroline ** Aug 22, 8 wks ** Oct 24, 7 wks				11.00 - 12.30 L 2 Intermediate Helen	
PM							
12.00				12.00 - 1.00 Mature Beginner Caro			
12.45					12.45 - 2.00 Open Level Peta		
1.00	1.00 - 2.00 Open Level Peta		1.00 - 2.00 Open Level Peta				
5.30	5.30 - 7.00 L 2 Intermediate Suzi		6.00 - 7.30 L 2 Intermediate Peta	5.30 - 6.30 L 1 Foundation Helen	6.00 - 7.30 L 2 Intermediate Helen		
6.00							
6.15							
6.30		6.30 - 8.00 L 2 Intermediate Suzi		6.30 - 7.30 Beginners Course Caro ** Oct 5, 6 wks	Restorative (Level 1 students with experience can attend)		
7.00	7.00 - 8.00 L 1 Foundation Peta						